

## Leonard M. Hochstein, MD

Aventura, Florida

### ASK DR. HOCHSTEIN

#### WHAT MAKES YOUR PRACTICE DISTINCT?

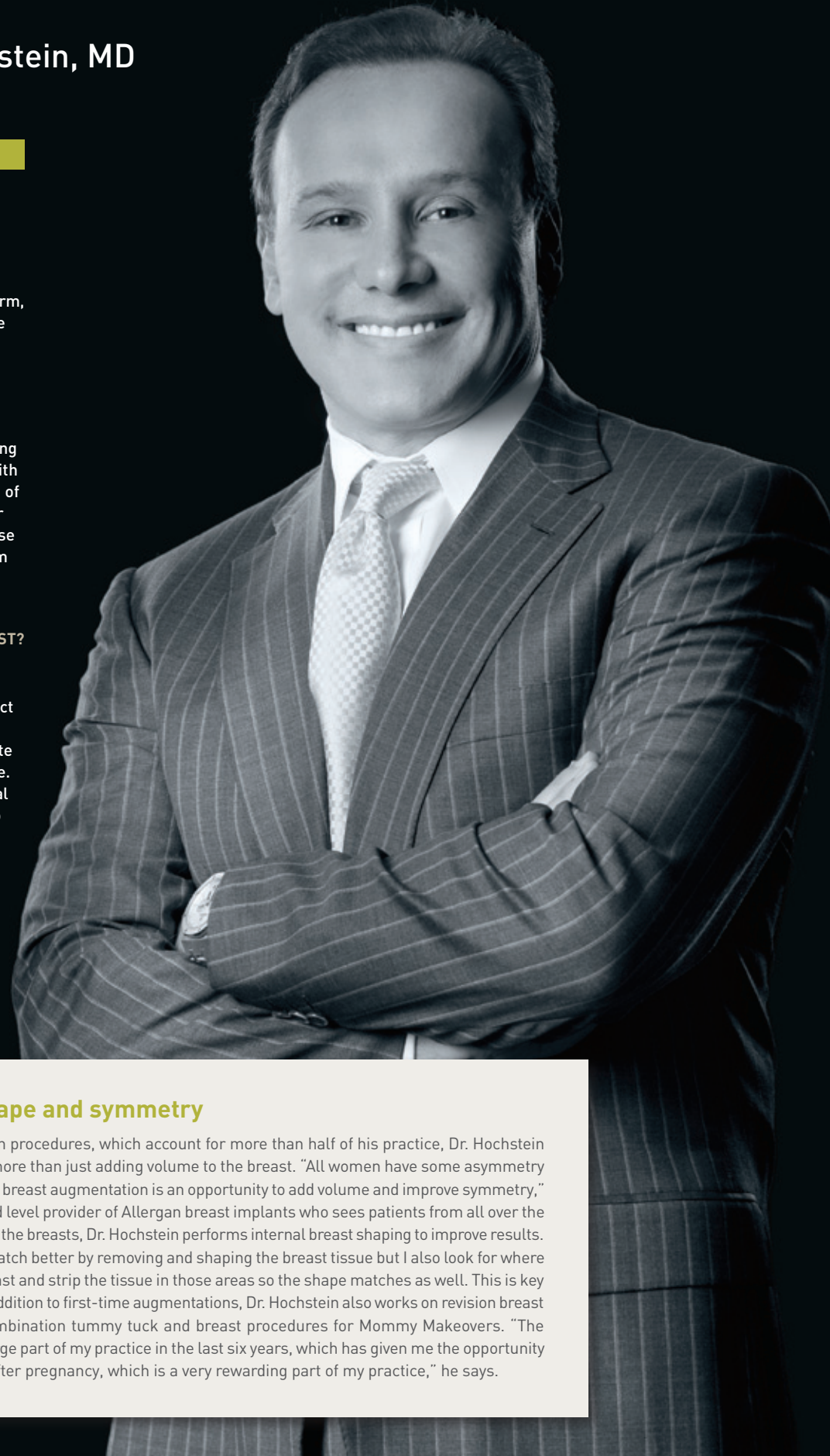
The high standard of care we give makes us distinct. In addition to practicing effective treatments and the utmost in safety, our staff is warm, friendly, and they're there to ensure patients have a great experience.

#### WHAT IS YOUR APPROACH TO COSMETIC SURGERY?

I approach each patient with an understanding of what they are trying to achieve and then collaborate with the patient to come up with a plan of action to reach their goals. I never push my views on a patient because ultimately I am here to assist them by giving the patients the results that they want.

#### HOW DO YOU EARN PATIENTS' TRUST?

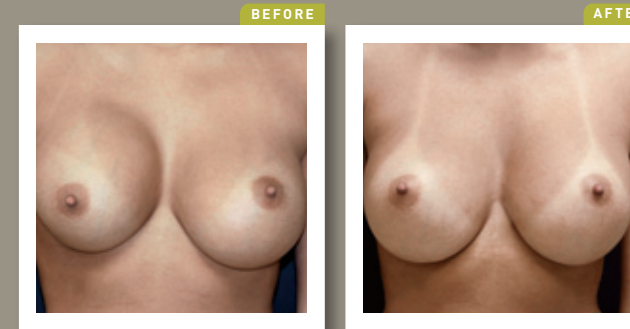
During the consultation, I analyze the patient's area of concern, and I point out things that I could correct and things that are impossible to correct so that they have a complete understanding of what's achievable. Then I let the patient make the final decisions about their procedure so there aren't any surprises.



### Breasts with better shape and symmetry

Well known for breast augmentation procedures, which account for more than half of his practice, Dr. Hochstein looks at a breast augmentation as more than just adding volume to the breast. "All women have some asymmetry comparing one breast to the other. A breast augmentation is an opportunity to add volume and improve symmetry," says Dr. Hochstein, a Black Diamond level provider of Allergan breast implants who sees patients from all over the world. Analyzing the overall shape of the breasts, Dr. Hochstein performs internal breast shaping to improve results. "Not only do I try to get the size to match better by removing and shaping the breast tissue but I also look for where the fullness exists on the larger breast and strip the tissue in those areas so the shape matches as well. This is key for an aesthetic result," he says. In addition to first-time augmentations, Dr. Hochstein also works on revision breast augmentation cases as well as combination tummy tuck and breast procedures for Mommy Makeovers. "The Mommy Makeover has become a large part of my practice in the last six years, which has given me the opportunity to see a complete transformation after pregnancy, which is a very rewarding part of my practice," he says.

### CASE STUDY



### REFINING REVISION

This 25-year-old patient was unhappy with the results of her first breast augmentation. She did not like the asymmetry of position or size of the implants as well as the lack of fullness superiorly of the left breast. She had replacement with pocket revision of both breasts to achieve symmetry as well as better cleavage and fullness.

## "word of mouth drives the success of my practice"

SOUGHT FOR HIS REPUTATION OF CONSISTENT RESULTS, DR. LEONARD HOCHSTEIN STRIVES TO PROVIDE QUALITY CARE AND EFFECTIVE TECHNIQUES TO HELP HIS PATIENTS ACHIEVE THEIR GOALS. IN ADDITION, PATIENTS FEEL COMFORTABLE IN KNOWING THAT DR. HOCHSTEIN ONLY USES A BOARD-CERTIFIED ANESTHESIOLOGIST AND A REGISTERED NURSE WHO IS ACLS (ADVANCED CARDIAC LIFE SUPPORT) CERTIFIED. "I BELIEVE IN SAFETY FIRST AND BEAUTY SECOND, AND LOVE WHAT I DO," DR. HOCHSTEIN SAYS. "IT IS THE ONLY FIELD OF MEDICINE WHERE I FEEL THAT I CAN HAVE SUCH A POSITIVE DIRECT IMPACT ON SOMEONE'S LIFE."

### MEET THE EXPERT

## Leonard M. Hochstein, MD

American Board of Plastic Surgery

#### SERVICES OFFERED

Breast Augmentation  
Revisional Breast Surgery  
Breast lift and Reduction  
Abdominoplasty  
Mommy Makeover  
Rhinoplasty  
Body Contouring/Lift  
Blepharoplasty  
Facelift/Mid-Facelift  
Liposuction  
Fat Transfer  
Browlift

#### ABOUT DR. HOCHSTEIN

##### HOW WOULD PATIENTS CHARACTERIZE YOU?

Honest. Patients come to me because of my results and experience.

##### WHAT ARE YOU PASSIONATE ABOUT OUTSIDE OF PLASTIC SURGERY?

My wife and I are committed to raising money for charity. We are incredibly passionate about animals and frequently raise money for the Humane Society. In 2010, our Halloween party raised more than \$30,000 for the organization. In 2011, the party benefitted the Foundation for Women's Cancer, where we raised an additional \$18,000, which we were proud to do in honor of all the women that make up my practice. This year my staff participated in the "Susan G. Komen Race for the Cure" for breast cancer.

**MEDICAL DEGREE**  
Louisiana State University  
Medical Center

**LOCATION**  
Aventura, Florida

**CONTACT**  
305.931.3338

To learn more about the practice visit  
[lhochsteinmd.com](http://lhochsteinmd.com)  
[miamimommymakeover.com](http://miamimommymakeover.com)